Extemporaneous Speaking

State Championships 2021

Review Technical Standards

This contest will follow the “Standards and Competencies” outlined within the SkillsUSA Technical Standards (virtual). Review the contest’s technical standards prior to competing.

Complete Professional Development Test

There will be a written test based on Career Essentials Foundations and the SkillsUSA Leadership Handbook. You will be required to take the exam, and the scores will be added to the total overall score. The number of points allowed will not exceed 5 percent of the total possible points.

Set Up Contest Space and Materials

You will need a computer with high-speed internet capability and camera to use applications such as Zoom, Teams, etc. The minimum recommended internet bandwidth speeds for joining Zoom meetings, accessing on-demand curriculum and other online operations is 2.0 Mbps up and down. You can test your current internet speeds by following this link: https://www.speedtest.net/. Allow the page to load and click on GO.

Complete the Contest

You will receive information from your SkillsUSA state office on how to complete your contest. This will include your contest time and/or sign-up form as well as how you will receive your call information for the contest.

The technical committee will select speech topic based upon material in the “SkillsUSA Leadership Handbook.” All contestants will be assigned the same topic. Contestants will enter the preparation room, where they will be given a speech topic. Contestants will have five minutes to determine the content and organize their speeches. During preparation time, contestants may consult reference materials supplied in the preparation room and may make notes on 3”x5” cards for use during the speech. Contestants may not take any outlines, notes or reference materials into the preparation room.

The speech shall be at least three minutes in length but shall not exceed five minutes. Time will be started when the speech begins. The timekeeper will signal the speaker at three minutes, four minutes and five minutes. Contestants will be permitted to use a watch or clock.
Submit Contest Submission

Submit the following:

- One-page typed resume.